

Patient Instructions

Blood Draw may be completed at a Phlebotomy Lab or your Healthcare Provider's Office.

- Kits should be ordered in advance from glymedx.com/patients
- Fasting not required
- · Draw blood any day of the week

Instructions to get blood draw at a <u>Phlebotomy Lab</u>

- Complete sections 1, 2, 3 and 4 of the Lyme Test Requisition Form (included in Kit) prior to going to the phlebotomy lab.
- Find the closest phlebotomy lab to you at glymedx.com/lab-locator
- If you do not find a recommended lab on glymedx.com/lab-locator convenient to your location, please check locally as there may be some local labs we do not have on our list.
- If you do not find a lab a physician's office may provide the same service. Please contact your physician.
- Make an appointment with the closest phlebotomy lab of your choice and confirm their charges (typically the cost is \$20-\$30). They will charge you directly for the blood draw services.
- Take all of the contents included in the Shipment to the phlebotomy lab. This includes: this sheet (Patient Instructions), Lyme Test Requisition Form, White Kit Box and its contents, prepaid FedEx return envelope and the freezer gel pack.

Instructions to get blood draw at a Healthcare Provider's Office

- Complete sections 1 and 2 of the Physician Test Requisition Form #2 (included in Kit) prior to going to your physician's office.
- Make an appointment with your physician's office and confirm their charges, if any. They will charge you directly for the blood draw services.
- Take all of the contents included in the Shipment to your Healthcare Provider's Office.
 This includes: this sheet (Patient Instructions), Physician Test Requisition Form #2, White Kit Box and its contents, prepaid FedEx return envelope and the freezer gel pack.
- Take the enclosed information sheet on the science behind the GLD test to share with your physician.